

PECO Cross Country League 2022-23: Race 4 (Middleton Park)
Senior Men's Results For Team Scores

Position	Race No.	Surname	First Name	Club	Age Category	Time	Cat Pos	2nd Claim
1	2379	Douglas	Benjamin	Hyde Park Harriers	MSEN	25:58	1	Y
2	3007	Cairns	Andrew	Wharfedale Harriers	MSEN	26:20	2	
3	2141	Humphries	Andrew	Airecentre Pacers	MSEN	26:21	3	
4	2074	Roden	Freddie	Abbey Runners	MSEN	26:22	4	
5	2966	Valero	Marcos	Valley Striders AC	MSEN	26:27	5	
6	3013	Evans	Edward	Wharfedale Harriers	MSEN	26:48	6	
7	2970	Vogel	Joost	Valley Striders AC	M35	26:51	1	
8	3335	Hardy	Nick	Saltaire Striders	MSEN	27:16	7	Y
9	3006	Athersmith	Lee	Wharfedale Harriers	M40	27:53	1	
10	2356	Anderson	George	Hyde Park Harriers	MSEN	27:55	8	
11	2057	Newbould	Ed	Abbey Runners	MSEN	27:59	9	
12	2039	Jenkins	Liam	Abbey Runners	MSEN	28:03	10	
13	2161	Dickinson	George	Bradford Airedale AC	MSEN	28:06	11	Y
14	2423	Lomas	Adam	Hyde Park Harriers	MSEN	28:09	12	
15	2484	Mckeown	Daniel	Ilkley Harriers	M40	28:19	2	
16	2459	Townson	Sam	Hyde Park Harriers	MSEN	28:20	13	
17	2325	Boynton	Philip	Horsforth Harriers	MSEN	28:28	14	
18	2042	Jones	Simon	Abbey Runners	MSEN	28:30	15	
19	2852	Herrington	Richard	St Therasas AC	M40	28:35	3	
20	2463	Vargas	Michael	Hyde Park Harriers	M35	28:40	2	
21	3243	Gott	Steven	Ilkley Harriers	M45	28:44	1	
22	3069	Clark	Cal	Abbey Runners	MSEN	28:49	16	
23	2742	Mcloughlin	John	Roundhay Runners	M40	28:50	4	
24	3015	Holmes	Christian	Wharfedale Harriers	M45	28:51	2	
25	2847	Graham	Jamie	St Therasas AC	M45	28:54	3	
26	2939	Panesar	Rav	Valley Striders AC	M40	28:56	5	
27	2243	Vivian	Richard	Chapel Allerton Runners	MSEN	28:56	17	
28	2219	Mortimer	Charles	Chapel Allerton Runners	M40	29:01	6	
29	3024	Carter	Dom	York Postal Harriers	MSEN	29:04	18	
30	2934	Middlemas	David	Valley Striders AC	M45	29:09	4	
31	3197	Brown	Andy	Saltaire Striders	M50	29:15	1	
32	3351	Jordan	Rupert	Hyde Park Harriers	M35	29:23	3	
33	3009	Charlesworth	Nicholas	Wharfedale Harriers	M55	29:32	1	
34	3353	Tracey	Ciaran	Hyde Park Harriers	MSEN	29:37	19	
35	2764	Turner	Andy	Roundhay Runners	M35	29:49	4	
36	2692	Pyznar	Tomasz	Rothwell Harriers & AC	M35	29:52	5	
37	2849	Grinnell	Andrew	St Therasas AC	M45	29:52	5	
38	2271	Bryant	Mark	Harrogate Harriers & AC	M50	29:55	2	
39	2035	Holmes	Matthew	Abbey Runners	M45	29:56	6	
40	3299	Young	Robert	Kirkstall Harriers	MSEN	29:57	20	
41	2353	Adkins	Tobias	Hyde Park Harriers	MSEN	30:01	21	
42	3017	Stirk	Adam	Wharfedale Harriers	M35	30:01	6	
43	3415	Wells	Simon	Kirkstall Harriers	M35	30:05	7	
44	2205	Holloway	William	Chapel Allerton Runners	MSEN	30:06	22	
45	2301	West	Darren	Harrogate Harriers & AC	M60	30:08	1	

46	2784	Fillingham	Martin	Saltaire Striders	M50	30:15	3	
47	3011	Dennis	Paul	Wharfedale Harriers	M40	30:18	7	
48	2933	Mann	Gary	Valley Striders AC	M40	30:23	8	
49	2490	Thompson	Danny	Ilkley Harriers	M40	30:24	9	
50	2782	Dunbar	Stuart	Saltaire Striders	M60	30:25	2	
51	2746	Morton	Joseph	Roundhay Runners	M40	30:25	10	
52	2030	Harris	Simon	Abbey Runners	M40	30:25	11	
53	2531	Coldwell	Ben	Kirkstall Harriers	MSEN	30:26	23	
54	2992	Elwell	Paul	Wetherby Runners AC	M45	30:26	7	
55	2410	Isaac	Oliver	Hyde Park Harriers	MSEN	30:29	24	
56	2194	Goodwin	Jacob	Chapel Allerton Runners	MSEN	30:29	25	
57	2024	Fanaroff	Dominic	Abbey Runners	MSEN	30:35	26	
58	2543	Llewellyn	Ryan	Kirkstall Harriers	MSEN	30:37	27	
59	2727	Furlong	Ian	Roundhay Runners	M35	30:38	8	Y
60	3182	Carvello	James	Roundhay Runners	M40	30:41	12	
61	3394	Grave	Paul	Valley Striders AC	M45	30:48	8	
62	3431	Gallagher	Mike	Hyde Park Harriers	M35	30:51	9	
63	2131	Worthington	Joe	Ackworth Road Runners	M40	30:56	13	
64	2268	Atkinson	Dan	Harrogate Harriers & AC	M45	31:04	9	
65	2797	Macfarlane	Russell	Saltaire Striders	M35	31:06	10	
66	2769	Walker	Bobak	Roundhay Runners	M40	31:07	14	
67	2962	Thomas	Gwilym	Valley Striders AC	M45	31:08	10	
68	3126	Marquina	Daniel	Hyde Park Harriers	M35	31:10	11	
69	2695	Rickerby	Dylan	Rothwell Harriers & AC	M45	31:11	11	
70	2629	Townend	Darren	Nidd Valley Road Runners	M45	31:16	12	
71	2942	Pownall	Jonathan	Valley Striders AC	MSEN	31:23	28	
72	2195	Green	Joseph	Chapel Allerton Runners	MSEN	31:24	29	
73	2416	Knighton	Richard	Hyde Park Harriers	MSEN	31:28	30	
74	2014	Bysouth	Tom	Abbey Runners	M40	31:31	15	
75	2671	Brown	Paul	Rothwell Harriers & AC	M55	31:33	2	
76	2326	Brown	Rhys	Horsforth Harriers	M35	31:36	12	
77	2434	Pratt	John	Hyde Park Harriers	M40	31:40	16	
78	3025	Carter	Jim	York Postal Harriers	M45	31:40	13	
79	2707	Anthoney	Iain	Roundhay Runners	MSEN	31:45	31	
80	2539	Hipkiss	Jack	Kirkstall Harriers	MSEN	31:53	32	
81	2552	O'brien	Alan	Kirkstall Harriers	M35	31:58	13	
82	2078	Scholefield	Phillip	Abbey Runners	MSEN	31:59	33	
83	3120	Fromyr	Jon	Hyde Park Harriers	M40	32:00	17	
84	2773	Yates	Jonny	Roundhay Runners	M40	32:00	18	
85	3364	Jackman	Paul	Rothwell Harriers & AC	M40	32:05	19	
86	2940	Parkinson	Andy	Valley Striders AC	MSEN	32:06	34	
87	2395	Garratt	Richard	Hyde Park Harriers	M45	32:06	14	
88	2343	Perkinson	Andrew	Horsforth Harriers	M45	32:09	15	
89	3144	Clark	Kevin	Nidd Valley Road Runners	M40	32:19	20	
90	2153	Walker	Richard	Airecentre Pacers	M45	32:21	16	
91	2385	Elmes	Joseph	Hyde Park Harriers	MSEN	32:21	35	
92	2675	Evans	Michael	Rothwell Harriers & AC	M40	32:23	21	
93	2601	Fox	Billy	Nidd Valley Road Runners	MSEN	32:24	36	

94	2009	Barrick	David	Abbey Runners	M35	32:26	14	
95	2712	Blakeley	Matthew	Roundhay Runners	M50	32:28	4	
96	2113	Lines	Charles	Ackworth Road Runners	M60	32:29	3	
97	2616	Newbould	Steve	Nidd Valley Road Runners	M45	32:33	17	
98	3028	Davis	Alex	York Postal Harriers	MSEN	32:34	37	
99	2070	Rhule-Samuel	Joel	Abbey Runners	MSEN	32:39	38	
100	3205	Singh	John	Saltaire Striders	M40	32:39	22	
101	2759	Rose	Stefan	Roundhay Runners	M40	32:46	23	
102	2165	Teggart	David	Bradford Airedale AC	M45	32:53	18	
103	2265	Adams	Hayden	Harrogate Harriers & AC	M35	32:55	15	
104	2196	Greenland	Rob	Chapel Allerton Runners	M45	32:56	19	
105	3103	Strutt	James	Harrogate Harriers & AC	M45	32:56	20	
106	2564	Brock	Martin	Knaresborough Striders	M40	32:57	24	
107	2145	Lee	Derek	Airecentre Pacers	M40	32:58	25	
108	2609	Lofthouse	Martin	Nidd Valley Road Runners	M55	32:59	3	
109	2644	Simenton	Ben	Pudsey & Bramley AC	MSEN	33:00	39	
110	2703	Westmoreland	Jason	Rothwell Harriers & AC	M50	33:02	5	
111	2076	Rogerson	Tom	Abbey Runners	M40	33:04	26	
112	2867	Parker	David	St Therasas AC	M55	33:06	4	
113	2100	Callow	Adam	Ackworth Road Runners	M40	33:07	27	
114	2548	Moger	Adam	Kirkstall Harriers	M45	33:12	21	
115	2741	Macdonald	Matthew	Roundhay Runners	MSEN	33:13	40	
116	2023	Engel-Clarke	Tom	Abbey Runners	MSEN	33:13	41	
117	2216	Lister	Mike	Chapel Allerton Runners	M35	33:13	16	
118	3297	Shelley	Peter	Ilkley Harriers	M55	33:19	5	
119	2633	Wilkinson	Matthew	Nidd Valley Road Runners	M35	33:30	17	
120	2047	Lillford	Stephen	Abbey Runners	M40	33:38	28	
121	2283	Howard	Ashley	Harrogate Harriers & AC	MSEN	33:42	42	
122	3196	Wilkinson	Chris	Roundhay Runners	MSEN	33:42	43	
123	2093	Wray-Rogers	Luke	Abbey Runners	M45	33:51	22	
124	2617	Nicholas	Kevin	Nidd Valley Road Runners	M55	33:53	6	
125	2447	Shakhlevich	Nick	Hyde Park Harriers	M35	33:53	18	
126	3432	Nodwell	Adam	Kirkstall Harriers	M35	33:54	19	Y
127	3421	Kernick	Michael	Saltaire Striders	M45	33:55	23	Y
128	3072	Kent	Craig	Abbey Runners	MSEN	34:00	44	
129	3135	Williams	Colin	Ilkley Harriers	M55	34:01	7	
130	2598	Dalton	Kevin	Nidd Valley Road Runners	M35	34:03	20	
131	3348	Clegg	Steven	Harrogate Harriers & AC	M45	34:03	24	
132	3252	Davies	Jonny	Rothwell Harriers & AC	M35	34:05	21	
133	2960	Tarran	James	Valley Striders AC	M55	34:07	8	
134	2544	Longmate	Kevin	Kirkstall Harriers	M35	34:08	22	
135	2080	Sharpe	Matthew	Abbey Runners	MSEN	34:09	45	
136	2512	Hill	Andy	Kippax & District Harriers	M50	34:10	6	
137	3128	Rhodes	Steve	Hyde Park Harriers	M55	34:13	9	
138	2571	Ellmore	Steve	Knaresborough Striders	M55	34:14	10	
139	2209	Isherwood	David	Chapel Allerton Runners	M45	34:19	25	
140	2121	Robinson	Michael	Ackworth Road Runners	M35	34:24	23	
141	2488	Singleton	David	Ilkley Harriers	M45	34:26	26	

142	2027	Goldthorpe	Rory	Abbey Runners	M40	34:27	29	
143	2990	Edmondson	Iain	Wetherby Runners AC	M50	34:28	7	
144	3125	Lawson	Gregor	Hyde Park Harriers	MSEN	34:29	46	
145	2567	Cornforth	Philip	Knaresborough Striders	M50	34:30	8	
146	3419	Bolland	Thomas	Saltaire Striders	M40	34:30	30	
147	2683	Hickman	Martin	Rothwell Harriers & AC	MSEN	34:33	47	
148	2148	Milner	Craig	Airecentre Pacers	MSEN	34:37	48	
149	3048	Burrows	Dave	York Triathlon Club	M35	34:39	24	
150	3434	Mcguire	David	Abbey Runners	M50	34:43	9	
151	2456	Taylor	Lee	Hyde Park Harriers	M45	34:44	27	
152	2607	Iddon	Andrew	Nidd Valley Road Runners	M35	34:45	25	
153	2285	Jordan	Mark	Harrogate Harriers & AC	M65	34:48	1	
154	2055	Mullen	David	Abbey Runners	M60	34:50	4	
155	2716	Cobb	Chris	Roundhay Runners	M35	35:00	26	
156	2138	Haynes	Richard	Airecentre Pacers	M35	35:11	27	
157	2572	Evison	Paul	Knaresborough Striders	M40	35:11	31	
158	2263	Jenkins	Daniel	Eccleshill Road Runners	M45	35:17	28	
159	2370	Coade	Jonathan	Hyde Park Harriers	MSEN	35:19	49	
160	2518	Lay	Richard	Kippax & District Harriers	M45	35:24	29	
161	2369	Clayton	Daniel	Hyde Park Harriers	MSEN	35:27	50	
162	3425	O'loughlin	Ethan	Valley Striders AC	MSEN	35:28	51	
163	2329	Eagle	Jonathan	Horsforth Harriers	M60	35:31	5	
164	2793	Hudson	John	Saltaire Striders	MSEN	35:32	52	
165	3225	Partridge	Simon	York Postal Harriers	M45	35:37	30	
166	3384	Dow	Will	Hyde Park Harriers	MSEN	35:40	53	
167	3359	Morland	Stephen	Knaresborough Striders	M50	35:41	10	
168	3387	Karlin	Ben	Airecentre Pacers	M35	35:42	28	
169	3306	Steele	Joe	Roundhay Runners	M50	35:43	11	
170	2489	Snow	Matthew	Ilkley Harriers	M45	35:43	31	
171	3343	Smith	Ryan	Ackworth Road Runners	M40	35:46	32	
172	2007	Ashworth	Richard	Abbey Runners	M45	35:46	32	
173	3061	Laughton	Mark	York Triathlon Club	M55	35:49	11	
174	2931	Long	Vernon	Valley Striders AC	M55	35:51	12	
175	2367	Carpenter	Jonathan	Hyde Park Harriers	M50	35:57	12	
176	2502	Davy	Alan	Kippax & District Harriers	M40	36:04	33	
177	2674	Duckering	Josh	Rothwell Harriers & AC	MSEN	36:05	54	
178	3001	Rodgers	Mike	Wetherby Runners AC	M40	36:09	34	
179	3145	Easton	Jonathan	Nidd Valley Road Runners	M40	36:09	35	
180	2279	Gill	Michael	Harrogate Harriers & AC	M55	36:10	13	
181	3346	Parish	Byron	Chapel Allerton Runners	M50	36:13	13	
182	2335	Freeman	Paul	Horsforth Harriers	M55	36:16	14	
183	3201	Hawkins	Martin	Saltaire Striders	M50	36:22	14	Y
184	2595	Cocker	Simon	Nidd Valley Road Runners	M55	36:24	15	
185	2586	Tattersall	Andrew	Knaresborough Striders	M55	36:29	16	
186	2993	Fennah	Alex	Wetherby Runners AC	MSEN	36:35	55	
187	2829	Albrecht	Jason	St Therasas AC	M40	36:36	36	
188	2226	Parry	David	Chapel Allerton Runners	M35	36:38	29	
189	3263	Mellor	David	St Therasas AC	M50	36:42	15	

190	2816	Tryc	Pawel	Saltaire Striders	M40	36:42	37	Y
191	2853	Hick	Matthew	St Therasas AC	M40	36:44	38	
192	2020	Craven	Paul	Abbey Runners	M55	36:44	17	
193	2210	Jewitt	Fred	Chapel Allerton Runners	MSEN	36:49	56	
194	3058	Jones	Carl	York Triathlon Club	M35	36:52	30	
195	2140	Hoos	Craig	Airecentre Pacers	M50	36:54	16	Y
196	2407	Hindson	Adam	Hyde Park Harriers	M50	36:57	17	
197	2011	Bastin	Tony	Abbey Runners	M55	36:58	18	
198	2812	Spencer	Tim	Saltaire Striders	M65	37:01	2	
199	3329	Sellman	Richard	Chapel Allerton Runners	M40	37:04	39	Y
200	2427	Milligan	Paul	Hyde Park Harriers	M40	37:06	40	
201	3180	Burke	Joseph	Roundhay Runners	MSEN	37:11	57	
202	3278	Farrell	Paul	Ackworth Road Runners	M40	37:12	41	
203	2096	Bernardo	Paul	Ackworth Road Runners	M45	37:14	33	
204	3063	Morrey	David	York Triathlon Club	MSEN	37:19	58	
205	2308	Metcalfe	Kevin	Harrogate Tri Club	M50	37:24	18	
206	2390	Fells	Alex	Hyde Park Harriers	MSEN	37:31	59	
207	2536	Glover	Christopher	Kirkstall Harriers	M60	37:33	6	
208	2997	Legg	Ian	Wetherby Runners AC	M55	37:35	19	
209	2843	Gibson	Paul	St Therasas AC	M45	37:37	34	
210	2318	Leach	Scott	Horsforth Fellandale	M45	37:38	35	
211	2676	Gregory	Mark	Rothwell Harriers & AC	M60	37:41	7	Y
212	3295	Graham	Leo	Ilkley Harriers	MSEN	37:42	60	
213	2402	Harris	Chris	Hyde Park Harriers	MSEN	37:43	61	
214	2510	Hammond	Paul	Kippax & District Harriers	M60	37:47	8	
215	2775	Bower	David	Saltaire Striders	M55	37:53	20	
216	2212	Kendell	John	Chapel Allerton Runners	M45	37:55	36	
217	3391	Greene	Paul	Abbey Runners	M60	37:56	9	
218	2869	Rayner	Iain	St Therasas AC	M45	37:57	37	
219	2052	Morimoto	Kazuki	Abbey Runners	M50	37:59	19	
220	2789	Hetherington	Stephen	Saltaire Striders	M60	38:08	10	Y
221	2802	Mosedale	Tim	Saltaire Striders	M40	38:09	42	
222	3420	Carlton	James	Saltaire Striders	MSEN	38:09	62	
223	2597	Crebbin	Nick	Nidd Valley Road Runners	M50	38:12	20	
224	3342	Leadbeater	Mark	Ackworth Road Runners	M55	38:28	21	
225	2581	Marshall	Guy	Knaresborough Striders	M55	38:33	22	
226	3339	Jenkins	Dean	Abbey Runners	M60	38:36	11	
227	3068	Steel	Phil	York Triathlon Club	M45	38:38	38	
228	2806	Pine	Andrew	Saltaire Striders	M45	38:40	39	
229	2861	Morley	David	St Therasas AC	M65	38:41	3	
230	2008	Balkwill	James	Abbey Runners	M50	38:44	21	
231	2577	Harrop	Andrew	Knaresborough Striders	M55	38:44	23	
232	2258	Porter	Craig	Dragons Running Club (Leeds)	M50	38:52	22	
233	2762	Sklinar	Stu	Roundhay Runners	M35	38:53	31	
234	3355	Shakeshaft	Stephen	Kippax & District Harriers	M45	38:54	40	
235	3413	Schelvis	Leigh	Hyde Park Harriers	M35	39:08	32	
236	2909	Brewster	Keith	Valley Striders AC	M65	39:10	4	
237	2734	Hodge	Tony	Roundhay Runners	M50	39:13	23	

238	2562	Thomas	Richard	Kirkstall Harriers	M60	39:17	12	
239	3349	Bisset	Andy	Horsforth Harriers	M50	39:17	24	
240	2090	Whittaker	James	Abbey Runners	M55	39:23	24	
241	2770	Walker	John	Roundhay Runners	M60	39:26	13	
242	2955	Slater	James	Valley Striders AC	M50	39:33	25	
243	2702	Ward	Roger	Rothwell Harriers & AC	M60	39:35	14	
244	2570	Dobinson	Derek	Knaresborough Striders	M45	39:37	41	
245	2286	Kirk	Stephen	Harrogate Harriers & AC	M50	39:38	26	
246	3358	Sykes-Hooban	Matt	Kirkstall Harriers	M40	39:40	43	
247	2109	Hull	Mark	Ackworth Road Runners	M50	39:41	27	
248	2088	Ward	John	Abbey Runners	M70	39:42	1	
249	3311	Seddon	Tim	St Therasas AC	M60	39:43	15	
250	2404	Hartley	Ben	Hyde Park Harriers	M45	39:51	42	
251	3239	Jones	Chris	Hyde Park Harriers	M65	39:52	5	
252	2831	Beckwith	Richard	St Therasas AC	M55	39:59	25	
253	2123	Smith	Andrew	Ackworth Road Runners	M45	40:00	43	
254	3424	Adcock	Richard	Valley Striders AC	M50	40:03	28	
255	2183	Cuthbertson	Nic	Chapel Allerton Runners	M60	40:05	16	
256	3154	Scaife	Nigel	Nidd Valley Road Runners	M50	40:10	29	
257	2244	Waddington	Thomas	Chapel Allerton Runners	MSEN	40:12	63	
258	2688	Livesey	Phil	Rothwell Harriers & AC	MSEN	40:26	64	
259	2137	Grindley	Paul	Airecentre Pacers	M55	40:36	26	
260	2193	Gibson	Paul	Chapel Allerton Runners	M60	40:42	17	
261	2491	Travis	Alan	Ilkley Harriers	M45	40:45	44	Y
262	2256	Harrison	Robert	Dragons Running Club (Leeds)	M50	40:46	30	
263	3084	Walker	Will	Ackworth Road Runners	M40	40:46	44	
264	2352	Womersley	David	Horsforth Harriers	M70	40:59	2	
265	2338	Mangeolles	James	Horsforth Harriers	M35	41:01	33	
266	2163	Foster	Stephen	Bradford Airedale AC	M55	41:01	27	
267	3257	Douglas	Alan	Saltaire Striders	M50	41:03	31	
268	2437	Ramsden	Paul	Hyde Park Harriers	M45	41:11	45	
269	2295	Seymour	Mark	Harrogate Harriers & AC	M60	41:16	18	
270	2046	Leslie	David	Abbey Runners	M70	41:17	3	
271	2698	Shaw	Brian	Rothwell Harriers & AC	M55	41:18	28	
272	3416	Clarke	Andy	Knaresborough Striders	M45	41:21	46	
273	2949	Sawyer	Chris	Valley Striders AC	M60	41:21	19	
274	3284	Butt	Talhah	Eccleshill Road Runners	MSEN	41:25	65	
275	3390	Morris	Christopher	Nidd Valley Road Runners	M50	41:26	32	
276	3156	Shekar	Chandra	Nidd Valley Road Runners	M45	41:28	47	
277	2923	Hussey	John	Valley Striders AC	M70	41:35	4	
278	2583	Rockall	James	Knaresborough Striders	M40	41:38	45	
279	2454	Tarbit	James	Hyde Park Harriers	M35	41:46	34	
280	2054	Moxon	James	Abbey Runners	M60	41:52	20	
281	2817	Verity	Jack	Saltaire Striders	M60	41:53	21	
282	2780	D'arcy	Graham	Saltaire Striders	M55	41:54	29	
283	2717	Coghlan	Robin	Roundhay Runners	M55	41:56	30	
284	3330	Crabtree	Paul	Dragons Running Club (Leeds)	M45	41:59	48	
285	3411	Dickens	Paul	Hyde Park Harriers	M35	42:00	35	Y

286	3408	Hill	Chris	Airecentre Pacers	M65	42:06	6	
287	2982	Callaghan	Peter	Wetherby Runners AC	M60	42:12	22	
288	2915	Fox	Ken	Valley Striders AC	M60	42:14	23	
289	2569	Deighton	Andy	Knaresborough Striders	M50	42:15	33	
290	2328	Duffy	Richard	Horsforth Harriers	M70	42:18	5	
291	3337	Armer	Carrick	Abbey Runners	M40	42:33	46	
292	2973	White	Paul	Valley Striders AC	M75	42:44	1	
293	2738	Jones	Justin	Roundhay Runners	M45	42:47	49	
294	2796	Love	Martin	Saltaire Striders	M60	42:47	24	
295	2978	Bell	Richard	Wetherby Runners AC	M55	42:49	31	
296	2413	Jeffs	Nathan	Hyde Park Harriers	MSEN	42:49	66	
297	2524	Wainwright	Jamie	Kippax & District Harriers	M50	43:07	34	
298	3138	Messenger	John	Kippax & District Harriers	M75	43:15	2	
299	3352	Kidner	Ralph	Hyde Park Harriers	M45	43:35	50	
300	2786	Griffiths	Alun	Saltaire Striders	M65	43:41	7	
301	2461	Underwood	James	Hyde Park Harriers	MSEN	43:45	67	
302	2791	Hillas	Stephen	Saltaire Striders	M60	43:52	25	
303	2620	Robinson	Phil	Nidd Valley Road Runners	M60	43:58	26	
304	3118	Clarkin	Oliver	Hyde Park Harriers	MSEN	44:11	68	
305	2916	Furby	Mike	Valley Striders AC	M50	44:22	35	
306	3223	Ellwood	Andy	York Postal Harriers	M55	44:27	32	
307	3178	Bowman	Geoff	Roundhay Runners	M60	44:36	27	
308	2012	Blinston	Peter	Abbey Runners	M55	44:39	33	
309	2964	Tinker	Mick	Valley Striders AC	M65	44:39	8	
310	2415	Judd	Andy	Hyde Park Harriers	M55	44:39	34	
311	3395	Noble	Pete	Knaresborough Striders	M45	44:47	51	
312	3341	Allison	Dave	Ackworth Road Runners	M40	44:57	47	
313	3320	Craddock	Charles	Abbey Runners	M50	45:03	36	
314	2622	Seaman	Dave	Nidd Valley Road Runners	M75	45:35	3	
315	2737	Irving	John	Roundhay Runners	M65	45:54	9	
316	2408	Hogg	Joe	Hyde Park Harriers	M50	46:15	37	
317	2560	Taylor	Ian	Kirkstall Harriers	M50	46:19	38	
318	2321	Prendergast	Carl	Horsforth Fellandale	M75	46:58	4	
319	2001	Ackroyd	John	Abbey Runners	M50	47:02	39	
320	3130	Tasker	Richard	Hyde Park Harriers	M35	47:06	36	
321	2950	Sedgley	Neil	Valley Striders AC	M55	47:08	35	
322	2134	Coupe	Andrew	Airecentre Pacers	M35	47:08	37	
323	2022	Ellis	Adam	Abbey Runners	M45	47:11	52	
324	3127	Pullan	Richard	Hyde Park Harriers	M60	47:12	28	
325	2807	Saldanha	Norman	Saltaire Striders	M65	47:29	10	
326	2362	Brown	Stephen	Hyde Park Harriers	M55	47:52	36	
327	2307	Head	Mark	Harrogate Tri Club	M60	48:01	29	
328	2319	Metcalfe	Daniel	Horsforth Fellandale	M40	48:05	48	
329	2925	Jackson	Bob	Valley Striders AC	M70	48:17	6	
330	2494	Britton	Jason	Kippax & District Harriers	M50	48:34	40	
331	2038	Ibrahim	Joseph	Abbey Runners	M45	48:38	53	
332	2673	Bywater	Chris	Rothwell Harriers & AC	M70	48:40	7	
333	3093	Ellison	Garry	Eccleshill Road Runners	M60	48:49	30	

334	2932	Mace	Andy	Valley Striders AC	M50	49:13	41	
335	3309	Godden	Jeremy	St Theresas AC	M60	49:21	31	Y
336	2264	Steele	Martin	Eccleshill Road Runners	M60	49:25	32	
337	3383	Montana	Marcos	Nidd Valley Road Runners	MSEN	49:38	69	
338	2799	Mistry	Mohanlal	Saltaire Striders	M60	49:39	33	
339	2429	Newell	Jason	Hyde Park Harriers	M50	50:15	42	
340	2523	Sutton	Mark	Kippax & District Harriers	MSEN	50:21	70	
341	2068	Rahman	Mohammed	Abbey Runners	M40	50:51	49	
342	3018	Thompson	Geoff	Wharfedale Harriers	M60	51:09	34	
343	3114	Taylor	Ian	Horsforth Harriers	M55	51:13	37	
344	2538	Hey	Peter	Kirkstall Harriers	M70	51:59	8	
345	3360	Morley	Eric	Knaresborough Striders	M65	52:44	11	
346	2606	Hyde	Graham	Nidd Valley Road Runners	M45	53:03	54	
347	2811	Silva	Mervyn	Saltaire Striders	M65	53:44	12	
348	2516	Kitching	Les	Kippax & District Harriers	M70	1:04:21	9	